PAGEI

REPORT ON OUTING

Rouxwil & level of THE dam

CONTENTS:

Report on August trip

September: Anna Beulah 2 Farm

October: Evertsdal-**Opstal** in **Durbanville**

NO POSTAL DELIVERIES ANYMORE





BANKING DETAILS ON REQUEST

NEWSLETTER

TIME OUT IN THE OVERBERG AUGUST 2018

Every year from end July through to mid-September the Overberg turns into what I call 'PARADISE'. This year we have had good rains which has resulted in the fields turning the most beautiful colour of green, and this coupled with field upon field of Canola makes for total eye candy! We started our day off taking the road through Grabouw bound for the Theewaterskloof dam—from a vantage on top of a hill approaching the dam it was evident - YES we have had rains (dam level 47,2% on 30 August) BUT we are not yet out of the woods. The dam still needs replenishing!

Our second stop was near Canola fields and sheep grazing—oh beautiful photos were taken and I just loved the OOHS and AAHS! Life is indeed good when you can get out in nature and take advantage of its beauty! Our arrival at the 5* Rouxwil was just after 12h15 and we were met 'oh so warmly' by O'Nel - such a lovely warm, welcome made us all feel instantly at ease. Some took part in a 'site inspection' and I've already had requests to plan a tour back there early in 2019! WATCH THIS SPACE!! O'Nel then formally welcomed us once we were all seated and told us her background, interesting tit-bits of working on a farm, inquisitive questions followed; why did O'Nel actually think it necessary to block our driver's ears!? Such fun and good hospitality. Later Thys 'joined-the-party' and told some of his stories about farming.



A delicious lunch followed! Oryx game pie with bean stew; pumpkin fritters; beetroot, roast potatoes.

Forget the diet for sure today!!) Dessert was O'Nel's version of an Apple Milk Tart!

PAGE 2

THURSDAY 27TH

CONSTANTIA

VII I AGE

SHOPPING

CENTRE @ 08H45

AND

TABLEVIEW AT

09H30

Cost for the day:

R480 per person.

Come with me to Anna Beulah Farm (Contermanskloof Rd) near Durbanville

Day out at the farm

It is a special place. Coach will leave

Born from a desire to grow organic goodies sustainably, we began our veggie garden in 2013. A place for locals to pop in, take a walk through the garden and actually pick their own veggies! Sometimes a haven for those who need to exhale, our garden has 'grown' into the best kept secret; offering organic seasonal fruit, veggies and herbs that won't break the bank.

But we didn't stop there...

Nothing beats the smell of a farm and you can truly feel like a farmer at Anna Beulah. Apart from our luscious gardens, we have a Clay café that can bring out the artist in you and a funky coffee shop. You can enjoy a cup of java or one of Hendriks delicious meals in our coffee shop, after which you can pay a visit to the animals which include chickens, horses, donkeys and even a llama or two OR pick your own farm fresh vegetables!

Who remembers Tanya Fourie (top model)?

She walked the ramps of the world; lived in Paris for years; and has now settled in Durbanville. She is a director at Anna Beulah. They also have a community farm school and ALL so close to the city.

transport, and lunch!



OPTIONAL EXTRA—If you wish to be creative and paint your own mug/plate or bowl it will be an extra R100 per person to do this!

NOTE—NO WINE LICENCE at Anna Beulah— **BYO NO CORKAGE**

SEPTEMBER

Includes

TANYA FOURIE

October ROSES & HISTORY

Since I've lived in Cape Town I am fascinated with the history of the city. None more so than when Brian and I recently did a recce to Durbanville and I had read of **EVERTSDAL OPSTAL**. We discovered a building which has such significance in the history of our city. The history of the property has been traced back to 1680, 28 years after Jan van Riebeek had landed in the Cape.

We start our morning off at the **DURBANVILLE ROSE GARDEN** (across the road from Evertsdal Opstal) there used to be a very old wooden wind grain mill, parts of which are stored in the wine cellar.

The Rose Garden still accommodates the cemetery of the Schabort family who the farm for 118 years.

MICHAEL ACADEMY

Sincere thanks to all who contributed during July to The Michael Academy. <u>I was able to donate R1400 to them</u> which the founder of the school, Shelly Bezuidenhout was so very thrilled about! THANK YOU, THANK YOU I am at a LOSS OF WORDS, was all she

could say! Will be put to very good

use!

I hear weekly stories from my daughter who does exercise classes with these 'special children'.

The NGO, which opened in August 2014, started with 2 pupils on the autism spectrum and I teacher. Today the school has 15 pupils, 2 teachers and 2 assistants, who give each of the special children who attend the school loving care, which is allowing them to grow in many ways with the individual attention they receive!



