

CONTENTS

Thoughts I from my desk

FIRST
TRIP
2018:
Thursday
25th
January

Thursday 22nd ; February

Back page Memories





NEWSLETTER

JANUARY 2018

## 2017 has come and sone!

The past year has gone by in a whiz. At least I have a computer filled to capacity with memories! I am able to go month-by-month and call up past tours and realize what a great time we've enjoyed over 2017! For some of you, the year has brought problems with health issues, and here too, I realize how lucky we all are.

When the chips are down—the Time Out ladies climb in and look after each other. I do know those who had health issues will agree with me on this point!

Now at the start of 2018 many South Africans, and particularly Western Cape residents have a lot that concerns us. *Politically things are unsure*; Water-wise there are many concerns!; Economically things are certainly not as rosy as what they've been.

However, I strongly believe that us South Africans (SAffers) are a **resilient bunch of people!** We have so much to be proud of in our country, and most of us have the love of immediatel family (& many friends) to **carry us through the hard times!** 

As many of you are on Facebook you might have very well seen a list of New Year resolutions to stick by? There was a list of 19 to read and contemplate. I found **TWO** of them very pertinent:

<u>Don't stress over the little things</u>. You've already overcome so much in your life. You have good memories and bad ones, but the important thing is the present. Don't let the past drag you down and don't let the future frighten you. Feel good in the now. Small issues will soon be forgotten!

Laugh. Laugh A LOT. Laugh at everything. Remember, you are one of the lucky ones. You managed to have a life, a long one. Many never get to this age, never get to experience a full life. But you did. So what's not to laugh about? Find the humour in your situation.

#### PAGE 2

Thursday
25th January

Coach will leave
Tableview at
08h45 and
Constantia at
09h30

Cost of the day which includes transport and lunch is R480 (Based on a 32seater coach)
FIRST COME,
FIRST SERVED

BOOK EARL
Payments by
Friday
19th January

NOTE:
prices of coach
hire & meals have
increased and
therefore, our day
out has,
become more
expensive

## January and it's Benguela Cove near Hermanus

RELAX MAX.....It's January!

If you travel to Hermanus you will have noticed the new security housing development on the RHS. In late 2017 Brian and I stopped in to 'take-a-look' and were impressed with this estate. They have recently opened their new restaurant (December 2017) and it is here that we will enjoy lunch.

We will have our 'usual' stop at Peregrines (now, come on I know how you all "Love This Stop" before heading out to Benguela Cove)

Comment on Trip Advisor by an Australian visitor (3 weeks ago)

Food was wonderfully prepared. Beautiful views. Friendly, efficient service. We went three times and every time there was great live entertainment. Boats and mini golf available. Saw ducks walking on green lawn; saw blue crane and its chicks. Highly recommended for lunch, dinner and wine—Great place to chat with friends while enjoying the views.



The "Vast" Benguela Cove property

in such an awesome position—views for Africa!

Thursday 22nd February



# We visit the Private Hotel School in Stellenbosch

Our date has been confirmed with the Hotel School when they opened for 2018 that we are very welcome to enjoy lunch here! Diarise this date and come along for an exciting day at this new Hotel school in Stellenbosch that opens a daily restaurant to train their students! I've heard excellent reviews on this little gem.

### A Bit Of Humour



As I mentioned I have ALL these photos at my disposal! This photo touched my sense of humour—<u>REMEMBER</u> the day we went to Bakenhof (Feb 2016) and they would not allow us to turn the coach in their drive! Our driver had to reverse the entire way down the extremely LONG drive!!

I just HAD TO put words to these photos (Memories are made of this)

<u>Dear Ann Barnes</u>
"Oh my goodness I'm scared"

<u>Ingrid Fearns</u>
"Dear Lord help us P.L.E.AS.E."

