

Hoogwater Fig  
Farm,  
Rietdakkie and  
Melissa's @  
DuToitskloof  
Wines

## CONTENTS

Fig picking 1  
time

February: 2  
Venue  
changed!

March: 3  
Tea  
(Lunch)  
under the  
Trees in  
Paarl

Our happy 4  
January  
collage



TIME OUT  
*Ladies Club*

PO Box 50371, West Beach, 7449  
Phone: 021 557 0794 / Fax 0866 855562  
email: toclub@africa.com  
Cell Phone No.: 084 580 1469

BANKING DETAILS ON REQUEST

NEWSLETTER

FEBRUARY 2017

## If you come down to Hoogwater Fig Farm in Wolseley you will find Time Out Ladies!



The **Hoogwater Farm** is 128 km from Cape Town. A beautiful scenic drive from the city, through the Du Toitskloof tunnel. Majestic mountains, showing all their splendour, on a clear, sunny day on which the coach rolled out with 33 passengers, all eager to pick their own figs. They came prepared – with sun hats, closed shoes, baskets and cool boxes to keep their fig

pickings fresh until they got back to the city. Hoogwater charged R40 entrance fee plus R5 per punnet to pick and fill the containers (oh, and you can eat as many figs as you wish along the way). Most ladies purchased 4 – 8 punnets (with a few coming in at 14!) and off they went. Heat was intense, temperatures reaching over 30 degrees for a good part of the fig picking time. There was a breeze blowing which helped to cool us down a bit. We were out in the field for nearly an hour – a few who were brave enough to take over 8 punnets, spent quite a bit longer. Brian had started 'freezing' bottles of water a few days before – these were gratefully received by all! Then we headed to **Rietdakkie**, one of the 'better' equipped padstalletjies on the R43 route to Ceres! I said (jokingly) that they had **5 minutes** to buy what they wanted. **45 minutes later** and we left with the coach laden with yellow cling peaches; grapes; biscuits; some bottles of Pomegranate Sparkling Wine (which flew off the shelves) and we were ready to head to **Melissa's at DuToitskloof Wine Estate**. Kit, their charming manager met us in the car park – country hospitality supreme. They had reserved the whole air-conditioned restaurant for our group – all 33 of us! We had pre-chosen our lunches so it was a case of ordering some wine or a cool drink (for some – more shopping!) and then lunch was served.

Country Hospitality in Wolseley & Worcester makes one realize just how lucky we are all to live in South

Thursday  
23rd  
February

Booking  
& Payment

Deadline is

Friday

17th February

**COST OF THE  
DAY WHICH  
INCLUDES  
TRANSPORT &  
2 COURSE  
BRAAI IS  
R450  
PER PERSON**

Coach  
leaves  
Tableview  
at 08h45  
and  
Constantia  
at 09h30

**NOTE  
CHANGE  
AROUND OF  
PICK UP  
POINTS!**

### **MICRO-HERB VISIT CANCELLED!**

**After our usual recce it was decided to 'cancel' the proposed herb tour for various reasons**

## Time Out has a Boerebraai & Middelvlei

A very integral part of South African culture is to cook out doors. Having a braai has evolved into a unique South African social event, family and friends gathering together to share good stories and a special bottle of wine, creating memories!

At the **Middelvlei Wine Estate** the Momberg family invites all to join them for lunch to be part of the very special, authentic South African outdoor BBQ experience. Enjoy a braai with boerewors, chops and chicken sosaties, cooked to perfection. As if the appetising aromas of 'potbrood' and 'braaibroodjies' are not enough, taste their homemade pate and pumpkin fritters and enjoy a day in the outdoors!

[\(Vegetarians are also catered for at Middelvlei\)](#)

["South African hospitality at its best."](#) Reviewed on Trip Advisor With great food, copious amounts of Middelvlei wines, you will soon forget that you are only a stones throw away from Stellenbosch town.

We will make sure we have enough time allocated for our lunch at Middelvlei because we have been warned that the lunch turns into a 'social occasion' with friends enjoying the views from the farm; the food & the wine!



Many of us long for a Braai - those days when you spend 'gesellig' times with friends - come along today and enjoy Summer with Time Out on the Middelvlei



Thursday 30th  
March

PAGE 3

## Tea (LUNCH) under the Trees in Paarl

"Supreme" Impressive, beautiful, tranquil—wow this is really special. Well done to the owners you have done it brilliantly! Every detail impresses whilst you relax under the shady trees. This is a MUST VISIT place—make sure you include it on your bucket list!

Trip Advisor - 2017

*More details to follow*



Who knows where the photo below was taken?  
The **FIRST PERSON** to send the correct answer, (by email or sms),  
on the 13th February will win a **COMPLIMENTARY** trip in March 2017!

(Clue it was taken on one of our 2016 Time Out Trips!!)

Easy peasy—put your thinking caps on—  
a clue—it's on the way home to CT



PAGE 4



Hoogwater & Melissa's