



TIME OUT Ladies Club

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BANKING DETAILS ON REQUEST

NEWSLETTER

DECEMBER 2016

Our Day in the Hemel en Aarde Valley



Thursday 24th November found us heading toward Hermaus and the Hemel en Aarde Valley. Our first stop was the **Hemelrand farm** where Hans and Mary-Ann, who retired from Gauteng, are making a name for themselves by producing wonderful Lavender products ; Olive Oil and even Wine (Hans proudly told me he's just won a Platter award!). Some ladies bought Banskia (proteas) - originally from Australia! Since purchasing this flower it's amazing how often I am coming across it—even some people seem to be coloring the blooms.

Lunch was down at **Source** where **Warwick Taylor** and his staff served us Grilled hake, with green beans, new potatoes, baby spinach, Fennel, tomato salsa. Dessert was a Slow baked chocolate mousse with meringue, raspberry coulis, crème anglaise and chocolate crackling. A few ladies even managed to 'shop-up-a-storm' in the 15 minutes they had available at The Beach Shop (These cushions 'jumped out at me and said "Take-me-Home" said Jenny) A really lovely day out in the country!



SOURCE in the Hemel en Aarde Village Shopping area.

THURSDAY
26TH
JANUARY '17COACH
LEAVES
CONSTANTIA
AT 08H45 &
TABLEVIEW
AT 09H30COST OF THE
DAY IS R450
WHICH
INCLUDES
TRANSPORT,
ENTRANCE TO
THE FARM &
LUNCHBooking
& payment
deadline
Friday 20th
January.

FIG PICKING NEAR WOLSELEY ON THE HOOGWATER FARM

The Hoogwater farm is a working fruit farm situated in the **Witzenberg valley** between Worcester and Wolseley.

They charge an entrance fee of R40 pp (this is covered for you) - You can either pick your own figs OR they will have them available, at R5 per punnet of 12 figs! You can eat as much as you like whilst picking!

We will enjoy a short time on the farm—and then head to the DuToitskloof Wine Estate where Melissa's has opened to enjoy lunch (one course) + do some wine shopping (if you wish)

THINGS TO REMEMBER

- It is more than likely to be hot—it's January—wear light clothing and bring water to drink!
- HOOGWATER has **NO credit card facilities**—make plans to bring cash along!

SUMMERTIME
& THE LIVING
IS EASY!

Up the West Coast *with a visit to a Micro Herb Farm*

My plan for February is to take you up the West Coast near Yzerfontein to visit a relatively 'new' business - WESKUSKRAAL where Miki and Cathy are growing Micro Herbs for many of the restaurants in the city!

2017 and the prices are going up!

Brian and I often wonder why (in South Africa) all prices seem to go up at the start of a New Year? 2017 is no exception and already we have a significant increase in our coach price—(we thought we'd mention that hiring a 44 seater coach has gone up to over R6100 per day)- which as you know is, unfortunately, out of our control. We have been investigating other coach companies who offer smaller coaches (Hylton Ross, unfortunately, are not in the market for 25—35 seater coaches).

Our research has come up with several alternatives and we will endeavor to try our very best to always bring you a day out which does not '**hurt**' **your purse too much!** We are also very aware that most of you are living on a fixed income and we try as far as possible to take this into account.

We would obviously **love your opinion on this matter** and would welcome your thoughts.

Let us know if you have any suggestions to offer!



FROM OUR DESKS TO YOUR HOMES

Brian and I are both **very grateful for the tremendous support** that each of you have given us over the past year! **We look forward to a few week's downtime to refresh our batteries.** We wish you and yours a fabulous Christmas and an even better New Year filled with much happiness and love!

