

THOUGHTS OF THE YEAR AHEAD



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TIME OUT
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BANKING DETAILS ON REQUEST

NEWSLETTER JANUARY 2016



*What are Memories?
Happiness, Joy & Gratitude*

What are your thoughts as we start a brand new year? You might be filled with anticipation and New Year resolutions (hope they last longer than the first month of 2016!!)

The year 2016 looms and it, once again, promises us 365 days, 12 months exactly as before.

What we actually **MAKE of THE YEAR AHEAD** depends on us!

For those of you who have had sadness or ill health in 2015 may the year ahead bring relief and happiness (and a turn around in your health!) For those of you who have had joy may the year ahead bring you even more joy and for all of you who are reading this -

**MAY THE YEAR 2016 BE EXACTLY
WHAT YOU WANT IT TO BE!!**



BLAST FROM THE PAST—Group photo November 2012 taken in Wellington!

Thursday
28th January

Coach leaves
Constantia at
08h45 and
Tableview at
09h30

Booking &
payment
deadline:
Friday 22nd
January

Make your
choice
**before
Friday
15th
January:**
of either
PAELLA
OR
CRAYFISH



Paternoster & Gelukkie

January looms and Time Out will be heading to Paternoster. I have been introduced to the [Gelukkie function venue](#) just outside the village.

This will be a lovely relaxed way to start 2016.

On arrival in paternoster we will take the coach into the village and you will have the opportunity to walk on the beach ; browse the shops (Quite a few new ones have popped up since our last visit) ; or perhaps just sit on the verandah of the Paternoster Hotel and enjoy a cool drink and watch the world-go-by. At 12h00 we will head out to Gelukkie. They prepare large pans of Paella and you can stand around and watch them cooking! Lunch will be served indoors in their function venue—
it will be a different experience!

(There is a fully licensed bar available to you)

YOUR OPTIONS FOR THE DAY

Gelukkie are offering us what they call **Fire Food!**

WEST COAST MUSSEL & CHICKEN PAELLA
BERRY MERINGUE ICE CREAM
Outing Price: R420 PER PERSON

OR

CRAYFISH & SALAD
BERRY MERINGUE ICE CREAM
Outing Price: R475.00 PER PERSON

(OBVIOUSLY IF YOU CHOOSE CRAYFISH YOU WILL ONLY BE SERVED THIS & NOT ANY OF THE PAELLA)

OR



BAKENHOF—NEAR WELLINGTON

Some of you will remember Bakenhof—they grow export grapes! (Time Out went there in February 2010!) I had requests to go back there from some of you when we drove past the venue in November, on our way to Noop! They have a function venue and an outside caterer will prepare our lunch. You will have the chance to pick your own grapes OR buy a ready-picked box of their export grapes! (R20 for a 1.5kg box).



More details in the February newsletter, or ask for an information brochure

DURBANVILLE CHILDRENS HOME STATIONERY PROJECT

Sincere thanks to those of you who contributed to the Durbanville Childrens Home stationery project. I collected R2980 and was able to purchase stationery for 20 children. This will be delivered in the first week of January. Thank you one and all for your donations towards this worthy cause.

