

REPORT ON SEPTEMBER OUTING

- We visit
Betty's Bay

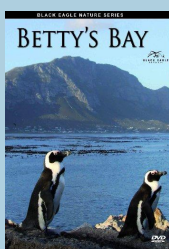
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BANKING DETAILS ON REQUEST

Website: <http://www.traveltime.co.za>

OCTOBER 2012

NEWSLETTER

BETTY'S BAY IN SEPTEMBER

What is the saying "Mad dogs and Englishmen" go out in the Noon Day Sun? 35 of us boarded a coach to explore Betty's Bay and went through a few seasons in one day! Sunshine en route had me feeling relieved—"Perhaps we will still be able to see the Penguins".

Fortunately we were able to visit Gaspard, the Belgian chocolatier in his home and hear all about the intricacies of chocolate; taste some chocolate; (incidentally when next you taste chocolate - don't chew it - suck it and you will be surprised at the flavours that emerge) and when buying your next slab at the supermarket check the ingredients! Obviously we all cannot afford Belgian chocolate ALL the time but it certainly makes a difference to the taste!

Johan @ **The Tides Restaurant** made us delicious sole with potato wedges and beetroot. His restaurant can only handle 36 people and I am happy to say that it was filled to capacity! Whilst we were eating the heavens opened and it was a battle to get everyone onto the coach without getting drenched. Thank you, Brian for your help with the big umbrella!

SOME MEMORIES



Molly and Vera enjoy lunch together! Heather, Brenda & Denise at the penguin colony. More photos on page 4.

Thursday
25th
October

COACH
LEAVES
TABLEVIEW
AT 08H45 &
CONSTANTIA
AT 09H30

Book by
Monday 15th
and payments
by
Friday 19th
October

PLEASE
NOTE
CHANGE
AROUND
OF PICK-UP
TIMES



DAY IN STELLENBOSCH

We have not been to Stellenbosch for a while! I built the day around the lunch venue I have been wanting to try for ages.

TOWERBOSCH at Knorhoek Wine Estate. I have read very good reviews of this relatively new restaurant.

Wholesome country fare from a farmhouse kitchen that reinvents Ouma's old recipes. The focus is on authentic expressions of traditional Cape fare with generous portions and robust flavours.

The morning will be spent exploring Stellenbosch:

- Perhaps a Museum visit for those who would like it!
- Some time spent 'gathering' in Central Stellenbosch.

Also, I have heard of **The Wild Peacock**. Years ago I met a lady who had a small business importing oysters from Namibia, run from her home atop a hill very near Knorhoek. She has now started the Wild Peacock - **a deli extraordinaire**. We will stop in there en route to lunch.

COST OF THE DAY which includes your transport
and two course lunch is **R340 per person**



PLEASE NOTE I have swapped the pick up points around for this month again! I always like to give the Constantia ladies a few months to lie-in and not have such an early start!

Tableview pick-up time is 08h45 and
Constantia pick-up is 09h30.

A photo of the interior of the
Towerbosch restaurant
@ Knorhoek

Thursday
29th November

HOW ABOUT WELLINGTON?



The **TWIST SOME MORE**
Restaurant outside Wellington.

*Last Time Out
Trip for 2012*

The last Time Out Ladies Club outing for 2012 is upon us! Can you believe it?

I have read of Johan van Schalkwyk who has recently opened a restaurant in a converted barn. He has a wealth of experience behind him. He worked at Buitenverwachting and then as head chef at the River Café at Constantia Uitsig. He now says that with the new restaurant in Wellington he has landed himself in 'foodie heaven' - with the amazing supply of olives, wines, mushrooms, cheeses, game, fruit and veg on his doorstep, his menu is interesting! I will have more details of this trip in the November newsletter which will also be my last newsletter for 2012.

Jenny Ferreira's garden

I always like to visit a wonderful garden at the end of the year.
I have approached Jenny for us to visit her garden on this day before lunch.
I have not yet had final confirmation but WATCH THIS SPACE.....

WHAT TO DO IN 2013?

Planning for 2013 will start shortly, so if you have any specific thoughts on where you would like to go, please contact me so that I can include this in the planning.

MORE *FROM* BETTY'S BAY



"Ingrid in relaxed mode"



"In the kitchen, understanding the art
of chocolate making"



It was Mervyn's birthday and what better way to spend the day than with 3 ladies as company. Welcome Pam and Ann to your first Time Out trip—hope it will be the first of many to come!