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### TIME OUT Ladies Club

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BANKING DETAILS ON REQUEST

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NEWSLETTER

**JUNE 2013** 

# RIEBEEK KASTEEL

On a rainy day

Winter seems to have finally arrived in Cape Town. On Thursday 30th May, it definitely showed its face. At least I was able to load the coach in dry weather. Some of us got caught in sudden downpours, and it was evident over lunch who we were! Somehow the cool weather had some of us experiencing Riebeek Kasteel in a different light. Seven of us went to the Artist Café for coffee and learnt a bit more about Amanda, recently from Bela-Bela, who has chosen to turn her home into a very small café and served pancakes and divine coffee; a few did their usual thing (retail therapy) and this was evident with the boxes and packets that came onto the coach as we left the town.

Meeting Allan Barnard of Kasteelberg Bistro (& Cape Talk) had some of the ladies very chuffed, and their chef kept us all happy with divine chicken eisbein pie / pork with vegetables / or their standard fish & chips!

#### I have received a new Membership application!



Ingrid, what a way-to-go in your endeavours to make the Front Page!!

We all thoroughly enjoyed your antics, Ingrid. Your veil ('hijab') would have solved my bad-hair day after getting caught in an earlier downpour in Riebeek Kasteel.

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Thursday 27th June

LEAVES
TABLEVIEW
AT 08H45
AND
CONSTANTIA
AT 09H30

COACH

Book by Tuesday 18th and pay by Friday 21st June

# THE DEVON VALLEY in June

June 27th is our next Time Out Ladies Club outing. Don't let the wet weather put you off getting outand-about. It's always a good way to spend the day with friends - come rain or shine! The Devon Valley is where we will be heading. This area has changed its character of late and I have found a new restaurant along this route which is run by a Gauteng couple who have

set up <u>Café De Blanc Noir</u>, on the <u>Brenaisance Wine & Stud</u> <u>Estate</u>. They have gas heaters and an almost home-like atmosphere in their restaurant.

Casual fare makes for a different type of lunch. Come along and enjoy the day out in June.





CAFÉ BLANC DE NOIR

I am still in the planning stage of what we will do in the morning en route to Brenaissance. I just have not had replies to the emails I've sent out. So, at the moment I am not able to confirm this.

# Thursday 25th July

# TIME OUT IS 13—Already?!

I never tell you anything about the Anniversary lunch. You all trust me implicitly to give you a day-to-remember. This year will, I hope, be no different to the past years. Coupled with a *Mystery Venne*, I hope that seeing it is the I3th, to add some extra *Fun & Intrigue* to the day!

I urge you to book early for this day. If for whatever reason you have not been able to attend trips this past year, don't let this stop you booking for our birthday lunch. I welcome anyone who has been on Time Out Trips over the past 13 years - you are all very welcome to come and celebrate with us.

As in the past we will have TWO coaches—one from Constantia and one from Tableview.

What will be different is that this year I have decided **NOT TO DO GOODY BAGS.** It has become increasingly difficult to obtain free product. Large companies now require 'something-in-return'.

I am on the path of trying as hard as I am able to, to obtain gifts for the lucky draw. It is here that I might require your help. If you are able to offer something to be handed out as a gift on this day, please let me know as soon as you can.





Susanita Kay has written a book titled *Pilgrims and Fairies*.

It is the story of Susanita's Camino pilgrimage which she has recently undertaken.

Excerpt from the Book:

"This is not a book on advice on how to walk the Camino. The author shall not be held liable for any physical, psychological, emotional, financial or

commercial damages. BUT she will take the credit if it makes you smile often, love dearer, talk less and remember more of the good times in your past!"

It can be purchased on-line via <a href="www.amazon.com">www.amazon.com</a>
<a href="www.amazon.com">Search—Susanita Kay</a>
 Or you can contact Susanita on 021 557 7106 or <a href="www.amazon.com">servas@mighty.co.za</a>

### POSTAL SUBSCRIPTIONS NOW DUE

For those of you who still receive your newsletter in the post,
please remember your annual subscription of R240
is due at the end of lune.

## WHAT DID You Do IN RIEBEEK KASTEEL??



Ann found a novel way to keep her ears warm. Shirley also found a way to keep herself warm (Allan Barnard)

