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How you
can help.

BANKING DETAILS ON REQUEST

Website: <http://www.traveltime.co.za>

NEWSLETTER

APRIL 2013

TIME OUT
Ladies Club

PO Box 50371, West Beach, 7449

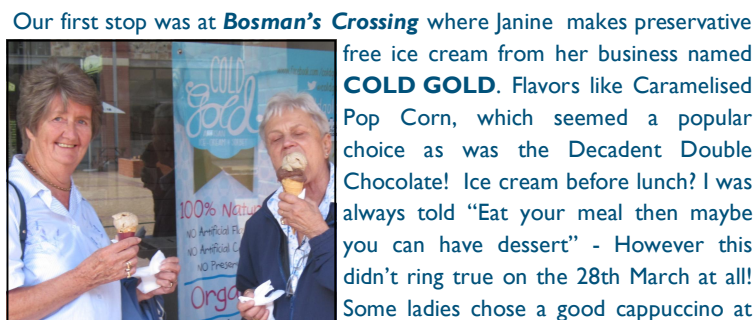
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Memories are made of this

Our trip at the end of March happened to fall on the day before Good Friday. This resulted in cancellation of 16 places on the coach, and saw me hiring a 21-seater coach instead of our normal 44-seater. Not daunted, the ladies still enjoyed the trip!



Our first stop was at **Bosman's Crossing** where Janine makes preservative free ice cream from her business named **COLD GOLD**. Flavors like Caramelised Pop Corn, which seemed a popular choice as was the Decadent Double Chocolate! Ice cream before lunch? I was always told "Eat your meal then maybe you can have dessert" - However this didn't ring true on the 28th March at all! Some ladies chose a good cappuccino at **Pane E Vino** instead. Also some cheese shopping at **Simonsberg** completed our morning before lunch at **The PostCard Café**. The views from this restaurant certainly justify the name—Perfect for a Postcard! In fact, one avid photographer decided she would rather just take photos, instead of eating her lunch. Brenda certainly has her priorities in the correct place!

Thursday
25th AprilCOACH
LEAVES
CONSTANTIA
AT 08H45
AND
TABLEVIEW
AT 09H30Book by
Monday
15th and
payments
by Friday
19th April

TEA @ DE GRENDEL

You all know the De Grendel Wine Estate, I'm sure. This has changed over the years. I have set up a morning for you all -

'With a difference'

On arrival at De Grendel we will enjoy tea in the **Summer House** of Lady Sally Graaff.

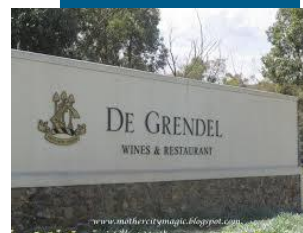
Karen Slater of **Curds & Whey** makes preservative and antibiotic free farm yoghurt on the Estate. Karen is married to the dairy farmer on the Estate and started experimenting with her yoghurts. The end result is that she now supplies Melissa's and selected Spars with her products. There will be a tasting of these yoghurts. (Bring your cool boxes in case you choose to buy some)



LUNCH IN DURBANVILLE @ OUR PLACE

Owners supermodel-turned-hospitality-guru Tanya Fourie and sister Jeanne know how to keep the locals happy at this neighborhood gem. Time Out has never gone to Durbanville and I believe with us being close by at De Grendel this month, it is as good a time as ever to go there!

COST FOR THE DAY
which includes your transport and
ONE COURSE LUNCH is
R340 per person.



Visit **INTAKA ISLAND**
& Lunch @ **THE COLLOSSEUM HOTEL**

Thursday
30th May

**Did you know there is an island
in the centre of the Century City complex?**

I have arranged a **guided tour of Intaka Island** in the morning on our arrival. This 16ha wetland is situated in the heart of Century City very close to Cape Town's CBD.

INTAKA which means BIRD in khosa is a unique example of nature conservation and property development existing in harmony!

Apart from the sprawling wetlands, abundance of rare and more common birds and different flora, Intaka Island offers you a place of peace and quiet – enjoy your stroll, relax and get in touch with nature and get away from the hustle and bustle of everyday life. Intaka Island is home to over 120 species of birds.

There are two designated bird hides in key areas to maximize your enjoyment and chances of spotting the more elusive birds or shy water mongoose!

I have done this walk-about on the Island on a few occasions, and it is not a difficult walk at all. **Please, however, wear comfortable shoes!**

After our guided tour, we will take the **Intaka Ferry** to the Collosseum Hotel next to the Century City complex, for lunch. (If for any reason, we have rain on the day I will think-out-of-box and arrange an alternative trip. Past experience has shown me that the Merry Month of May is one the better months in Cape Town—NO Wind & Warm Days!)

**COST FOR THE DAY which includes your transport and
ONE COURSE LUNCH is R340 per person.**

Future Dates:

Thursday
27th June

Planning is on-going for our June trip.
Please diarise this date in the meantime.

Thursday
25th July

Can you believe it that on the 25th July Time Out Ladies Club will be celebrating our 13th ANNIVERSARY. As usual the venue is to be a surprise but perhaps you should put the date in your diary right now!

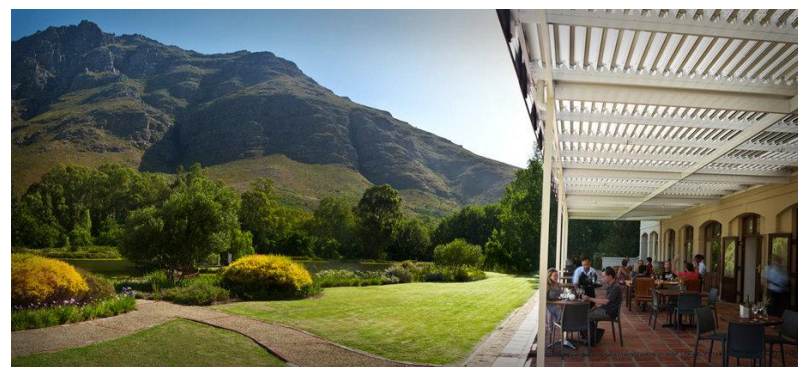
OUR ANNIVERSARY LUNCH 25TH JULY

Those of you who have come the FULL 13 YEARS with the Time Out Ladies Club will know that each year you have received some form of GOODY BAG! For the past few years this has become a headache for me—I have persevered because I know that everyone LOVES to get a GIFT (or a goody bag). The bad economy has forced companies to cut back on their “hand-outs”. Each year we have received less than the previous year. This has prompted me to say that this year I am not pursuing the goody bags!

I will still approach the usual suppliers for LARGE GIFTS so that we can all still receive something to take home. If you are able to solicit gifts or handouts from your contacts, this would help immensely.

If you are willing to donate something, please let me know.

Hand made gifts; wine; store vouchers, unwanted gifts etc, will all be gratefully accepted.



**THE POSTCARD CAFÉ
ON THE
STARK CONDÉ WINE ESTATE**