

November 2012

Trip to Wellington

Klein Optenhorst

Val du Charron

Wine Estate

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31st January

Outing:
Visit the
padstalletjies
of the R27

28th February

Outing:
The Pool
RoomSome
future TO
Outings!Mary, our
RAY OF
LIGHT

BANKING DETAILS ON REQUEST

Website: <http://www.traveltime.co.za>TIME OUT
Ladies Club

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JANUARY 2013

NEWSLETTER

MERRY CHRISTMAS TO ALL

A smaller group of us went to Wellington at the end of November!

We started our day with a visit to Jenny Ferreira's garden. I had a call at 08h30 from Jenny saying that the wind the previous night had caused 'devastation' to the garden and Jenny wanted to cancel our visit. She is just so very proud of her beautiful garden, that I can understand her feeling, but at this late stage, it was finally decided to go ahead with the understanding that the 'ladies, who are all used to the South Easter wind, would understand'!!

Lunch was at the Val du Charron Estate very close to Jenny's home.

This estate has a beautiful outlook over the mountains and it was a very relaxed and laid-back lunch with gifts for everyone and lucky ticket prizes. Everyone very quickly got into the Christmas mood with Jenny and Theresa helping me as our own Mother Christmas's with the handing out of gifts!



Ronnie, I want one of these for the garden!

THURSDAY
31.01.2013

Coach leaves
Constantia Village
Shopping Centre
@ 08h45 and
Tableview
@ 09h30

Book for this tour by
Friday 18th January
& payments by
Friday 25th January

Cost for the day
is R340.
Guests & friends
most welcome

RESTAURANT IS
NOT
LICENSED
BRING YOUR
OWN WINE -
NO
CORKAGE
CHARGED

PADSTALLETJIES OF THE R27

During the Christmas holidays Brian and I have been exploring!

Knowing you all like I do, I know you love shopping; enjoy going to different unique places; and I believe, the place we've found fits the bill perfectly, in all aspects.

MONDVOL is the first padstal (with a restaurant) we are visiting today. It is on the road to TREKOSKRAAL (ever-been-there?)

Mondvol is on a farm where ALTA NEL makes artisan cheese—you will get to see her operation on arrival and taste her product before lunch

Charmaine and Alex the young couple who run Mondvol are so enthusiastic—I found them an absolute delight!

We will also visit the **WESKUS SPENS** on the way home.

Annemarie Thom has been baking bread in this stall for 20 years and some of her bread has even found its way to New York!

"What I can promise you for this day is an exciting, relaxed day out of Cape Town - we have MONDVOL to ourselves"

WHAT A BETTER WAY TO START 2013.



THURSDAY

28.02.2013

TIME TO GO TO ELGIN
and the new
Pool Room Restaurant
ON THE OAK VALLEY ESTATE

I have read a lot about the THE POOL ROOM on the Oak Valley Estate in Elgin. We have previously visited Oak Valley in August 2009. Since then they have built a magnificent restaurant. **Oak Valley** Estate is set on 1786 hectares of prime land in the beautiful Elgin valley, renowned for its **fruit, cutflowers, beef cattle** and increasingly for its high quality cool climate wines. Now, also becoming well known for its new restaurant. Executive Chef and restaurant partner, **Nicole Precoudis**, is an acclaimed restaurateur in her own right. She co-owned Icon and Cilantro in Johannesburg before buying a farm in Elgin. After several years in the property business she's returning to her foodie roots and is now at the helm of The Pool Room. More about this day in the February newsletter!

TO WHET YOUR APPETITE

I have drawn up a schedule of future trips for 2013. I am not yet putting months' to them, but in the future there might be a trip to:-)

- Durbanville (Sir De Villiers' Graaf garden & new dairy on farm) followed by lunch at a Durbanville restaurant
- The New Red Table Restaurant on Nederburg Estate
- Open top bus
- Darling where we will visit a farm where they are involved in marketing pomegranates
- Stark-Conde a relatively new wine estate in Stellenbosch
- Tea (lunch) under-the-trees in Paarl
- Visit to Intaka Island—boat ride; bird watching
- PLENTY of excitement—please contact me if you have any other places of interest you would like to visit!

The group of 21 ladies who ventured out to Wellington at the end of November to Val du Charron Wine Estate.



Mary Honeybun is no longer able to come on coach tours but she is quietly still doing marvelous work with the bread tags. I was so excited to read about her in the latest **FRESH LIVING (Pick'n Pay Magazine)**. It was written in the December issue and they quoted that she had donated 256 wheelchairs; meanwhile Mel Fraser had a chat to Mary at the end of November, and said Mary had **donated 281 wheelchairs**.

At the time of preparing this newsletter (4.01.2013) I thought I had better phone her and get the latest!! (Guess what, she has donated 295 as at the end of 2012!)

What Mel also said is that she has collected 1/2 ton of bread tags in 2012 and 33 million over the last 6 years!

Mary, we are indeed **SO VERY PROUD** of you! The amazing work you are doing is putting you ahead of the recycling process—we can christen you the "Recycling Queen". It is an honor to know you.