

REPORT ON NOVEMBER OUTING

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TIME OUT Ladies Club

PO Box 50371, West Beach, 7449  
 Phone: 021 557 0794 / Fax 0866 855562  
 email: toclub@iafrica.com  
 Cell Phone No.: 084 580 1469

BANKING DETAILS ON REQUEST

Website: <http://www.traveltime.co.za>

JANUARY 2012 NEWSLETTER

Welcome back everyone! hope your holiday was as restful as mine. I am raring to go; even got the newsletter done earlier than normal! Good start.

REPORT ON NOVEMBER OUTING



**Sharland East-Urquhart** extended an invitation to the Club to enjoy tea in her elegantly manicured garden! What a treat—to sit back and enjoy this fabulous garden. It gave us all time to sit and chat over delicious tea and cake. It is always wonderful to find out what everyone was doing over the Christmas period; talk Christmas shopping (or the lack of it!). Sharland proved to be a fabulous hostess and it was great to find out more about what makes her tick! More photos and detail on our website.

LUNCH IN HOUT BAY



Our year end lunch was held at the **Look Out Deck in Hout Bay** - the ladies all received Fascinator Hats which they enjoyed wearing; lunch was delicious; and everyone looked very happy when it was time to board the coach! **SUPER end to the year of 2011. What does 2012 hold for us?**

Thursday  
26th  
January

COACH  
LEAVES  
TABLEVIEW  
AT 08H45  
AND  
CONSTANTIA  
AT 09H30

Book by  
Friday 13th  
January &  
Payments by  
Friday 20th  
January

Cost for the  
day is R330  
FOR  
MEMBERS  
and R350  
FOR GUESTS  
(This includes  
your  
transport & 2  
course lunch)

START 2012 WITH A FRESH APPROACH



In October last year when a group of us visited the Elgin Open Gardens, we were lucky to get a lunch reservation at **FRESH on the Paul Cluver Estate**. When I say 'lucky' I mean it, as we had not booked and found ourselves with "No Room At the Inn" to enjoy a rest and lunch. *Joan Lancefield who has recently moved from JHB to live in the Elgin area has opened the FRESH restaurant and it was her that made me decide to take you back to her new restaurant.* Dr Paul Cluver originally laid out the herb gardens with the help of Chef Andreas Vistad a TV host of New Scandinavian Cooking. Joan's secret weapon is daily access to a plethora of herbs, vegetables and fruit that big name city chefs would fight each other to get their hands on! Most of us start off a New Year with resolutions to either lose weight; eat more healthy; or just generally "Get Healthier" - so come along today, Ladies, and start off 2012 with a BANG!



Joan is the Friendly Hostess at FRESH! Join her guided tour of their herb gardens and then enjoy a FRESH lunch in the Country - go home determined to begin 2012 with a FRESH approach!

Paul Cluver has a range of wines which you might like to taste! There will be an option cost of R30.00 per person! (This is what I have been quoted at the end of 2011). I will work on having this charge dropped as soon as they re-open in 2012 - because invariably wine is purchased and this should allow them to drop the charge!

Thursday  
23rd  
February

A visit to:

## THE INSTITUTE FOR THE BLIND IN WORCESTER



Every now and then, I try to organize a 'charity' visit. I certainly believe that by sharing what we have with others - we will be 'richer' by this!

I have been talking to the Institute of the Blind in Worcester and their PRO, Ledivia, has put together a day which I'm sure you will all feel 'humbled' by!

I will post further details in the February newsletter, but in the meantime please diarise the date!

### Report written by Mel Fraser on 27/12.



"We all remember the article in the You magazine about Mary. I gave the magazine to Victoria, my cleaning lady of 30 years, and asked her to collect bread tags. After receiving little plastic bank bags of tags from her, and her friends, she asked me for a wheel chair for her neighbour in Khayelitsha. Thinking this would take a long time, I spoke to Mary, who investigated the case via a social worker and lo and behold I collected a wheelchair from Mary on 10th December. So now Mrs Thobeka Makapela of Mtsi St, is the proud owner of a set of wheels and can even get to church on Sundays in comfort. *Thobeka has asked me to thank all the Time Out ladies for their contribution to her wheels—she also says her special prayers will be for Mary. All this proves that Mary AND the collection of her bread tags DOES WORK!*



*Thank you, Mary, from Thobeka and all of us at Time Out Ladies Club for your wonderful work"*

**THE WORK OF MARY  
HONEYBUN GOES ON & ON!**



**Jenny Harris** seen at left in very happy mood at our lunch in November. Jenny is seen with the 'finger' she received in her Christmas cracker. Unfortunately, Jenny had a nasty fall on her birthday a few days before Christmas and had to endure surgery to her arm. She has had a lot of pain; is in a shoulder brace; and I know she would value a call from you to cheer her up! Jenny - 021 556 6055 or 082 886 2495.



Gillie Pegrum has not been well of late. I am, however, happy to say that just before Old Years Eve when we spoke she sounded a little better. Call Gillie on 021 712 2601 or 082 725 8700

### RENEWAL OF ANNUAL SUBSCRIPTIONS

As you are aware Time Out annual subscriptions (Membership fees) are payable in July each year. Printing and postal fees increase each year, along with almost everything else we buy and whilst our membership fees haven't increased to keep pace with this, we now need to look at some cost saving and more efficient means of delivering your Newsletters and other correspondence to you.

With effect from July 2012 (Membership renewal date) you will be able to select from two Membership options:

#### **Option 1: Postal Member**

Continue to receive your printed Newsletters and other correspondence by mail, as you have in the past. A Membership fee of R240 per annum (R20 per month) will now be applicable to help offset the printing and postal costs. (This has been static at R200 for the past few years).

#### **Option 2: Electronic Member**

Your Newsletters and other correspondence will be sent to your email address. You will of course also be able to access current Newsletters on the Internet via our website. Previous copies, past and future outings for Time Out and Traveltime are also available on line. There will be no Membership fee applicable.

So, whilst the choice is ultimately yours, we hope that the more (computer literate) members will go with option 2 and help us to limit printing and save paper (trees). We will post a reminder in the June Newsletter.