



TIME OUT Ladies Club

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NEWSLETTER

JULY 2011

REPORT BACK ON JUNE OUTING



Cape Town has experienced a *chilly, wet winter* this year. One just never knows what the day will hold, but *one thing for sure*, you can predict rain sometime during the day!

Thursday 30th June was no exception.

On the N1 highway heading out of town we had light rain - it miraculously stopped when we went into **Funki Fungi** (thank goodness) because with their mushrooms in containers and pretty muddy surrounds, we could not have done this in pouring rain! It was an interesting exercise to go to this 'experimental' mushroom farm. They have set up the facilities in old containers, and are doing very well. In addition they are helping disadvantaged people to set up similar systems in their areas AND, because of this, will now get government support which will help them to move into new premises shortly.



We then went 'pork' butchery shopping and guess what ... it rained! It poured en route to **Spier** but stopped enough for us to all get into **EIGHT**, their new organic restaurant without getting wet. The 24 of us were seated at one table - it looked like a small party!! **Well, it was a party** - the Time Out Ladies with their friends all chatting and laughing and enjoying a very good lunch. The little taster cups of soup had many of us confused - "Hey there's choice of soup on the menu - is this our portion of soup?" but it turned out to



be an excellent idea - it just takes the edge of hunger off whilst waiting for the bar order to get processed! The chicken pies were 'to-die-for' and all in all an excellent meal on a cold, wintry day. Some of the ladies were excited to see the cheetahs in their enclosures and even a show with some owls - a **very pleasant day out-in-winter!**

THURSDAY

28TH JULY

COACHES
WILL LEAVE
AT 10H30
FROM YOUR
AREA (or you
will be notified
by sms / phone
if any changes
to the time)

BOOKINGS BY
MONDAY
11TH
& PAYMENTS
BY MONDAY
18TH JULY

TIME OUT IS 11

As you are aware, I can't let you have all the details for our 11th anniversary. All I am prepared to say is that as far as Brian and I are concerned it is probably **THE BEST** restaurant we have had a celebration at!

Cost for this day to celebrate our club being 11 is R340 per person and includes your transport, an excellent lunch, goody bags and spot prize draws!

You are most welcome to invite friends/guests to this day at no extra cost so they can see 'Where we've been/ where we're going/ and what Time Out Ladies Club is all about.



COMPETITION FOR LADIES DAY FREE LUNCH

If you have been following the competition to win a FREE lunch on Thursday 28th July, you will have received CLUE NO1. CLUES NO 2 & 3 are sent with this newsletter.

(However, some ladies are at an advantage - they received CLUE NO 2 on the outing to Spier on 30/6)

REMEMBER THE FIRST LADY WHO PHONES BRIAN AT 08H30 ON THE 15TH JULY, & GIVES THE CORRECT ANSWER WILL BE THE WINNER OF A COMPLIMENTARY LUNCH

THURSDAY
25TH
AUGUST

FINAL
DETAILS IN
AUGUST
NEWSLETTER
OUT IN THE
FIRST WEEK
OF AUGUST

AUGUST IN THE BO-KAAP

Most people enjoy Malay food and what better time than August when it will still be cold and rainy. I have found a new restaurant up in the BoKaap area—**The Bo Kaap Kombuis**. Nazli who co-owns this restaurant is setting up a fun day for us - “Do you know how to fold samoosas?” - “Or how to cook them?” Nazli’s husband will give us a short culture-difference talk and we will enjoy a lunch with views to die for! Come along for a day with a difference in the BoKaap!



THURSDAY
29TH
SEPTEMBER

WHAT ABOUT A DAY IN KOMMETJIE?

I have read of a young lady in Kommetjie who was retrenched and started making truffles. She works from home and sells these on markets and her little business is growing. She is helping me to set up a morning at the local bistro - **Espresso.kom** where she will do a demonstration for us and then we will enjoy a light lunch together. Of course, no visit to Kommetjie is complete without a walk on the beach/ or a visit to the **Compass bakery**—so hopefully the weather will play along and allow us to get outdoors for a bit, and do a bit of retail therapy.

THURSDAY
27TH
OCTOBER

OCTOBER IS ‘ROSE DAY’ @ LANGKLOOF

How do you feel about seeing 1,500 rose bushes in bloom? Well, join us on an outing to Langkloof Roses near Wellington to view this spectacle. They have a delightful tea room where we will have a light lunch together. This will be one of my new ‘cost-cutting’ coach days - WATCH THIS SPACE!

Trish Cunningham from the Tableview side has gone back to the UK for medical treatment. I have been in touch with her, and am happy to say she seems to be coping well with her treatments. Her son has put her onto Skype. During our last call, she said she would love to have a chat with anyone who wishes to phone or skype her. I believe she really needs any support we can give her -



SKYPE number is trishcom1937
& her landline in the UK is
00442380405140

Everyone LOVES to get a gift. So as in the past, every lady will go home with a goody bag from the anniversary lunch.

Thank you so very much to the members who have offered me gifts. I do so appreciate this, and if you still feel you can contribute in anyway with something you make (or can donate), I will sincerely appreciate this! Final date for me to have your gifts is Monday 18th July - so we can get them all wrapped for the BIG DAY!!



ANNUAL PAYMENT OF SUBS



Kindly note that there will not be an increase in the annual subs this year.

Subs will remain at **R200 per person for the year.**

Subs are due on or before the 30th July. This amount may be deposited separately or added to any of the future outings that you pay for.

Please add the following comment to your name when paying:

NAME/SUBS & DATE OF TOUR
(ie COOMBES / SUBS / 28/7)