



TIME OUT Ladies Club

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Oak Valley Farms



Elgin

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Elgin - August

Our trip to Elgin started off 'wet and cold' - this is what you can expect in the Western Cape at this time of the year. In fact, driving over Sir Lowry's Pass there was snow to be seen and when we stopped at **Oak Valley Farm** it was bitterly cold. Our host for the morning, **Carel Malherbe** was such an interesting man. We started our tour in the hot house where the chrysanthemums are grown. What a treat to see the scientific method they are using to grow perfect blooms for us in the Cape. It made many of us, all of sudden, appreciate just why we are charged what we are for a bunch of flowers at Woolies—their chief customers.



Next stop was the **Highlands Road Estate**. I received a call the day before that the low level bridge to the Estate had 'washed away' and was being repaired. Mary (the owner) quickly rallied friends who transported us the kilometer or two in their cars. *Never say Time Out trips are dull!* We were seated in their tasting room and given an introduction to their wines by Justin.



Mary then proceeded to serve us the most delicious soup—two flavors—Tomato and Roast Pepper and Butternut with Ginger and awesome bread. This was followed by Mary's homemade pies—chicken pie to die for, quiches, scotch eggs (like my Mom used to make, I heard one of the British ladies say), followed by a lovely dessert. It ended up being a very 'gesellig' (comforting) day—here we were all ensconced very close to each other on a cold rainy day—and some of the ladies and our coach driver even helped Mary to serve the tables. Talk about being the 'willing horse' - thank you wonderful ladies for your help. It seemed as if we were 'one happy family' and made a 'day with a difference'.

Peregrines Farm Stall was the final stop for a fill-up of the pantry before we headed back to the city.

Report: Time Out is NINE



The 9th of September 2009 is the day that 60 of us put on our 'glad rags' and headed out into the blue to a surprise destination. The two coaches, both 44-seaters, with 30 ladies from Constantia and 30 from Tableview headed to Franschhoek and the **Hotel Le Franschhoek**. The **Relais Gourmand Restaurant** at the hotel was where they served us a lunch of note. In fact, it was such a happy day that when it was time for the ladies to board the coaches again, many were found 'lingering'! I have to thank you for the tremendous 9 years we have all enjoyed in Time Out. It has enriched my life and many a joke was passed about my comment that I have another '20 years' of ideas in my mind of where I would like to go! "Will we have to ask Hylton Ross

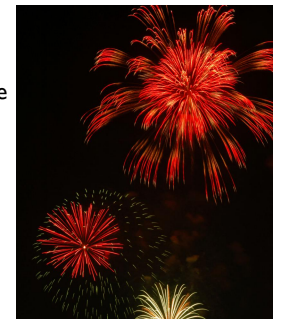


to bring a trailer for our wheel chairs?" "What about our knees, climbing on and off the coaches in 20 years!" Thank you, one and all, for the very generous Canal Walk Voucher and cash I received! I will enjoy having some ME Time in spending it!



What You Need To Know

The year is fast approaching an end. We have 4 trips left until we say good-bye to 2009. With 2010 approaching, (yes diaries are already in the store), there will be many exciting trips to plan. I have been going through my files and will offer you the new schedule with the January newsletter which will be out mid-January.



Come with me to

Goedgedacht Farm

Thursday
29th October

What do you know about the Goedgedacht Farm. We visited this farm several years ago and so much has been happening there that I felt it warranted a return trip.

Annie and Rob Templeton started at Goedgedacht in 1993. They converted the gracious old buildings into facilities that now can accommodate conferences, guests staying over, an olive oil production site and their Path out of Poverty program which is so unique! They are helping rural farm workers with a crèche for their children whilst they are at work, a pre-school, a baby room, and even after-school care for older children. Many of the initial children that have gone through this program have emerged worthy citizens.

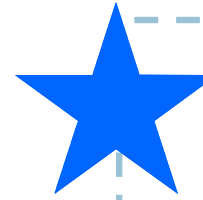
So come with me today and have your heart warmed at this farm just 87 kilometers away from the city, near the Riebeek Valley. We start our morning off with tea/coffee and scones before we look at the baby room, the crèche and the olive grove. Wear comfortable shoes please!

I did ask Annie and Janet, who will accompany us on our tour, if we could bring gifts for the babies. Annie would prefer us to donate to the teenagers on the farm. Deodorant, toothbrushes and toothpaste, pads for the girls will all be welcome. If anyone would like to donate disposable nappies these would also be welcome. Perhaps one or two of you can 'club together' to do this!

Cost for the day which will include your early morning tea/scones, lunch and a glass of wine **is R285**. **Guests** are welcome at **R305** for the day.

Coach leaves
Constantia at
08h45 &
Tableview at
09h30

Book by
Monday 19th
October &
payments by
Monday
26th October



Christmas is upon us and the last outing for the year will be

Thursday 26th November

I am planning a day to Darling.

I have heard of a farm outside Darling where I would like to go for our year end lunch. However, with the planning for the anniversary lunch and the trip to Knysna, I have been somewhat BUSY. I will attend to the farm visit early in October and details will follow in the October newsletter.

Meanwhile, please diarize the date and try to make our last date of the year for Time Out!

SOME KIND WORDS FROM 09.09.09

- ◆ "It was absolutely fabulous" *Gwen Rennison*
- ◆ "Just wanted to thank you for all the trouble you went to make yesterday such a happy occasion. The venue was wonderful" *Colleen Callanan*
- ◆ "Brian's presentation was A1. When I was considering early retirement two years ago it was a scary decision, but since joining Time Out I have met so many lovely people, some who have become good friends" *Sandy Maxwell*
- ◆ "I was touched and honored by the tribute to my mom and so much thought, love and care went into this event, I feel very privileged to have been part of it" *Margie Cowley*
- ◆ "Thanks for such an awesome day" *Cynthia Fuller*