

Thursday 27th May

UP THE N7 TO KORINGBERG

I have come across two interesting people who have made their home in Koringberg and are very enthusiastic about living there. One is **GARRY FRASCA** ex GM for REDKEN. Garry retired from the corporate world, opened a coffee shop in Hopefield, and started experimenting with new tastes in food. The result is a range which now gets bottled in a factory called STAGS (*Stay Abreast of Home Gourmets*). The other is **NICKY ROBERTS** who also escaped SABC & TELKOM and is now making Teddy Bears. They will both be at the restaurant in Koringberg called the **Rose Café** run by SONIA who sells home produce and is very excited about our visit. More details of this different day in the April newsletter.

JUNE TIME OUT TRIP.....

Due to the World Cup I cannot obtain a coach for our regular trip.

I asked for suggestions from members. I have had a few interesting ones ... from lunch at Kelvin Grove with perhaps a beauty house giving a talk about how to care for our skin; to having lunch at Spier or Boschendal; A Chick Flick followed by lunch; The new Moyo Restaurant at Eden on the Bay; Our Blue Peter Hotel does new Pensioner lunches ...

I am, obviously open to suggestion and I need to know how you feel about driving yourself out to a selected venue. We need to share lifts so please let me know if you are willing to drive & we can work out some sort of compensation for your petrol.

We have several months and a decision need not be made right now. I would, meanwhile, welcome your suggestions.



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FEBRUARY 2010

NEWSLETTER



A large group of us spent the first trip of 2010 at DelVera outside Stellenbosch. One can spend the day relaxing very easily at this venue. Early morning coffee with freshly baked scones started the day off well for a few. Shopping always makes the ladies happy and they were all seen 'gathering' at every shop. Then along came the Picnic—and what a basket it was. I found the first 15 minutes after the baskets were handed out quite astounding—there was absolute silence! "What should I eat first?" After lunch some browsed the nursery and then the drive back to the city via the Beach was very soothing to the soul!





WELLINGTON HERE WE COME

Our first stop this morning is *Welbedacht*, the wine estate run by Schalk Burger (Senior) and his wife, Myra.

They will serve us tea in the garden (or if you prefer you can do a wine tasting).

At 11h30 we will head down the road to *Bakenhof*. The tree lined driveway leads one up to an elegant almost

“Dallas Like” property. It is a 4 star guest house on a working table grape farm. You will have the opportunity to pick your own grapes (R5 a bucket) - MAKE SURE YOU BRING YOUR OWN SECATEURS!

Lunch is catered for by Retha Rix a private caterer from Wellington.

Wellington will be HOT in February. It is suggested you come prepared with bottled water, a sun hat and sun screen. (Now I really sound like your mother!)



What You Need To Know

Cost for the day which includes your tea/wine tasting, lunch and transport is R340 for members and R360 for guests who are most welcome.!

You may choose to pick your own table grapes and this can be done at R5.00 a bucket! Fruit always tastes better when you pick it yourself!



Thursday 25th
February

COACH
LEAVES
CONSTANTIA
AT 08H45
AND
TABLEVIEW
AT 09H30

Book by
Monday
15th
February
&
payments
by Friday
19th
February

Thursday

25th March **GABRIELSKLOOF**

When we traveled on holiday in December up the N2 we stopped for breakfast at the Houw - Hoek Farmstall. We were told about their sister

restaurant up the road that had recently opened. On our way home we enjoyed breakfast there! It is called **GABRIELSKLOOF**.

This restaurant in the Overberg has stunning views and has two dedicated chefs who produce delicious food!

En route through Elgin we will stop in at

Duncan's Roses. (Always a treat—none more so than in March)



Thursday
29th April

GO LOCAL IN CAPE TOWN

Many members have asked that we do something local like visit KALK BAY & SIMONSTOWN.

No matter how often you take a drive to this area, there is always something new and different to pursue.

Details of this trip will be in the March newsletter but meantime diarize the date!

